

# TAMA COUNTY RESOURCE LIST

| <b>CHILD CARE</b>  |   |                                |
|--|---|--------------------------------|
| <b>Child Care Resource &amp; Referral:</b> Provides a list of Registered Day Care Providers                              |   | 877-277-4396                   |
| <b>Crayon Corner Daycare</b>   | Gladbrook, IA   | 641-473-2122                   |
| <b>Kid's Corner Daycare</b><br>Child Care Subsidy  | 403 W. Commercial St., Toledo, IA                         | 641-484-5333                   |
| <b>Pied Piper Daycare</b>  | Traer, IA   | 319-478-2310                   |
| <b>DENTISTS</b>  |   |                                |
| <b>Kimball &amp; Beecher Family Dentistry</b>  | 1001 S. County Road Toledo, IA                            | 641-484-5988                   |
| <b>Primary Health Dental</b>   | 412 E Church Street, Marshalltown, IA                     | 641-844-6230                   |
| <b>Dr. Nick Kubik</b>  | 1311 McClellan St. Tama, IA                               | 641-484-5561                   |
| <b>McLaughlin Family Dentistry</b>   | 407 Wilson St. Dysart, IA                                 | 319-476-4110                   |
| <b>EMPLOYMENT</b>  |   |                                |
| <b>Iowa Workforce Development</b><br>Job search, unemployment, classes   | 3405 S. Center St. Marshalltown, IA                       | 641-754-1400                   |
| <b>Promise Jobs (Education &amp; Training)</b><br>In office Thursdays only   | STC Partnership Center<br>215 W. 9th St. Tama, IA         | 800-284-4838<br>641-484-8318   |
| <b>FAMILY SERVICES</b>   |   |                                |
| <b>Department of Human Services (DHS)</b>  | Tama/Benton County  | 319-472-4746<br>1-888-480-0062 |
| <b>Domestic Violence Alternative/Sexual Assault Center</b>   | 24 hour Crisis Line                                       | 800-179-3582                   |
| <b>Pathways</b>  | Waterloo, IA  | 319-235-6571                   |
| <b>Driver's License - Dept of Transportation</b><br>Tama County Treasurer's Office                                       | 104 W. State St. Toledo, IA                               | 641-484-3141                   |
| <b>ISU Extension Office - Tama County</b>  | 203 W. High St. Toledo, IA                                | 641-484-2703                   |
| <b>Mid Iowa Community Action (MICA)</b>  | 105 S. State St. Tama, IA                                 | 641-484-4713                   |
| <b>Substance Abuse Treatment Unit of Central Iowa (SATUCI)</b>   | 107 East High St. Toledo, IA                              | 641-484-2222                   |
| <b>Senior Services Center - Deb Peska</b>  | 103 S. Church St. Toledo, IA                              | 641-484-3839                   |
| <b>Tama County Central Point of Coordination (CPC)</b><br>Funding assistance for Mental Health, Substance Abuse services | 211 W. State St. Toledo, IA 52342                         | 641-484-4191                   |
| <b>Women, Infant, Children (WIC)</b><br>Food, formula, nutrition education   | St. Paul's Lutheran Church - Tama, IA                     | 1-800-390-5293                 |
| <b>FOOD AND CLOTHING</b>   |   |                                |
| <b>Food Pantry - Tama</b><br>Hours: T-W-Th 10-2  | 511 McClellan St. Tama, IA                                | 641-484-4805                   |
| <b>Food Pantry - Gladbrook</b><br>Serves Gladbrook/Garwin/Lincoln  | Methodist Church - Gladbrook, IA                          | 641-473-2928                   |
| <b>Food Pantry - Traer</b>   | Traer, IA   | 319-478-2013                   |
| <b>Clothes Closet</b><br>Hours: T-Th-F-Sa 9-3  | 511 McClellan St. Tama, IA                                | 641-484-3147                   |
| <b>Meals on Wheels (Senior Services Center)</b>  | Toledo, IA  | 641-484-3839                   |
| <b>Salvation Army</b>  | Micki Ferris, State Bank of Toledo<br>Tama County Contact | 641-484-2980                   |
| <b>North Tama Activity Center - Jean Vest</b>  | 212 N. Main St. Traer, IA                                 | 319-478-8244                   |
| <b>Tama County Nutrition Center (Deb Peska)</b>  | 103 S. Church St. Toledo, IA                              | 641-484-3839                   |

| <b>HEALTH</b>   |  |                              |
|---|--|------------------------------|
| <b>Alcoholics Anonymous</b><br>Des Moines office - will provide information on local meetings     |  | 515-282-8550                 |
| <b>North East IA Agency on Aging</b>  | 2101 Kimball Ave. Suite 320, Waterloo, IA  | 1-800-779-8707               |
| <b>Center Associates</b><br>Mental health therapy, consultation, assessment<br>& psychiatric care | 1309 S. Broadway, Tama, IA                 | 641-484-5234                 |
| <b>Tama County Public Health &amp; Home Care</b>  | 129 W. High St. Toledo, IA                 | 641-484-4788                 |
| <b>Quitline Iowa</b> - Smoking cessation  |  | 800-784-8669                 |
| <b>HOSPICE</b>  |  |                              |
| <b>North East IA Agency on Aging</b>  | 2101 Kimball Ave - Suite 401, Waterloo, IA | 319-272-2002<br>800-617-1972 |
| <b>Grinnell Regional Hospice</b>  | 106 4th Ave. Grinnell, IA                  | 641-236-2418                 |
| <b>Iowa River Hospice</b>   | 502 Plaza Heights Rd. Marshalltown, IA     | 641-753-7704<br>800-827-4521 |
| <b>HOUSING &amp; UTILITIES</b>  |  |                              |
| <b>County Relief</b>  |  | 641-484-3160                 |
| <b>Lantern Park Apts</b><br>Subsidized housing  | 1303 Sesame Dr. Tama, IA                   | 641-485-4101                 |
| <b>Mid Iowa Community Action (MICA) - LIHEAP</b><br>Low-income energy/heat assistance             | 105 S. State St. Tama, IA                  | 641-484-4713                 |
| <b>Prairie Villiage/Mid-Iowa Housing</b><br>Elderly or disabled subsidized housing                | 1101 S. 18th Ave, Marshalltown, IA         | 641-752-7162                 |
| <b>Prospect Drive Apartments</b><br>Subsidized housing  | 1105 S. Prospect Drive, Toledo, IA         | 641-484-5696                 |
| <b>Veteran's Affairs</b>  |  | 641-484-3160                 |
| <b>INCOME &amp; BUDGETING</b>   |  |                              |
| <b>Child Support Recovery</b>   | 204 1/2 W. State St. Marshalltown, IA      | 888-229-9223                 |
| <b>Consumer Credit Counseling</b>   | 30 W. Main St. Marshalltown, IA            | 888-838-2675                 |
| <b>LEGAL SERVICES</b>   |  |                              |
| <b>Legal Aid of Iowa</b>  | Lawyer from Cedar Rapids at MICA           | 800-332-0419                 |
| <b>MEDICAL SERVICES</b>   |  |                              |
| <b>Covenant Clinic</b>  | 309 2nd St. Gladbrook, IA                  | 641-473-2707                 |
| <b>Dysart Clinic</b>  | 501 Clark St. Dysart, IA                   | 319-476-4100                 |
| <b>Deer Creek Health Center</b>   | 401 1st Ave. Toledo, IA                    | 641-484-2602                 |
| <b>Dr. Charles LaTendresse</b>  | 405 2nd St. Gladbrook, IA                  | 641-473-2028                 |
| <b>Mercy Care</b>   | 402 Siegel St. Tama, IA                    | 641-484-3333                 |
| <b>Meskwaki Health Services</b>   | 349 Meskwaki Rd. Tama, IA                  | 641-484-4094                 |
| <b>North Tama Medical Clinic</b>  | 200 Walnut St. Traer, IA                   | 319-478-8198                 |
| <b>Central Iowa Healthcare Clinic</b>   | 1307 S. Broadway St. Toledo, IA            | 641-484-5445                 |
| <b>Primary Healthcare</b>   | 412 E. Church Street Marshalltown          | 641-753-4021                 |

| <b><u>NURSING HOMES</u></b>   |                                    |                                |
|---|------------------------------------|--------------------------------|
| <b>Premier Estates of Toledo</b>  | 403 Grandview Dr. Toledo, IA       | 641-484-5080                   |
| <b>Sunny Hill Care Center</b>   | 1708 Harding St. Tama, IA          | 641-484-4061                   |
| <b>Sunrise Hill Care &amp; Rehab Center</b>                             | 909 6th St. Traer, IA              | 319-478-2730                   |
| <b>Westbrook Acres Nursing Home</b>                                     | 605 Garfield St. Gladbrook, IA     | 641-473-2016                   |
| <b><u>PHARMACIES</u></b>  |                                    |                                |
| <b>Medicap Pharmacy</b>   | 108 2nd Ave. Toledo, IA            | 641-484-6198                   |
| <b>NuCara Pharmacy</b>  | 500 2nd St. Traer, IA              | 319-478-8711                   |
| <b>Shopko Pharmacy</b>  | 1006 S. County Rd. Toledo, IA      | 641-484-8801                   |
| <b><u>REHABILITATION SERVICES</u></b>                                   |                                    |                                |
| <b>Covenant Medical Center<br/>Comprehensive Rehabilitation Program</b> | 3421 W. Ninth St. Waterloo, IA     | 319-272-7200                   |
| <b>Central IA Health Care Rehabilitation Center</b>                     | 1307 S. Broadway St., Toledo, IA   | 641-484-5253                   |
| <b>Millenium Therapy &amp; Health Club</b>                              | 301 5th St. Hudson, IA             | 319-988-4040                   |
| <b>Oak Hill Rehabilitation</b>  | 207 Oak Hill Dr. Hampton, IA 50441 | 641-456-2602                   |
| <b>Sunny Hill Care Center Therapy Services</b>                          | 1708 Harding St. Tama, IA          | 641-484-4061                   |
| <b><u>SCHOOLS</u></b>   |                                    |                                |
| <b>GMG Schools - Garwin (Middle/High School)</b>                        | 306 Park St. Garwin, IA            | 641-499-2005                   |
| <b>Head Start</b>   | 105 S. State St. Tama, IA          | 641-484-4713                   |
| <b>North Tama Community Schools</b>                                     | 605 Walnut St. Traer, IA           | 319-478-2265                   |
| <b>STC Elementary</b>   | 1611 Country Club Dr. Tama, IA     | 641-484-3999                   |
| <b>STC Middle School</b>  | 201 S. Green St. Toledo, IA        | 641-484-4121                   |
| <b>STC High School</b>  | 1715 Harding St. Tama, IA          | 641-484-4345                   |
| <b>Union Middle School</b>  | 505 West St. Dysart, IA            | 319-476-5100                   |
| <b><u>TRANSPORTATION</u></b>  |                                    |                                |
| <b>People Rides (Tama Co. Transit Service)</b>                          | 24 hour notice preferred           | 641-752-6202<br>1-888-616-4298 |