



# The Crier

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## Rich Routines For Infants and Toddlers

Days spent caring for infants and toddlers are filled with repetition—diaper changes, bottle feedings and napping. How do we infuse richness into these routine experiences, and what happens when we begin to view them as more than merely routine? We will explore infant/toddler brain development and discover ways we engage babies during routines fosters self confidence, a sense of worth and capability. Hands on and active learning.

Emily Plank received her Bachelor's Degree from Pepperdine University in Liberal Arts with an Elementary Education Credential, including coursework in early childhood development. Emily spent her public school teaching as a middle school math teacher. Since her transition into family childcare, she has sheared her days with children under five years old and been fortunate to teach workshops and classes for others care

providers on topics such as brain development and guidance. **Meets CDA Competency:** Principles of child growth and development.

This session will take place on Wednesday, May 1, 2013 from 7:00 p.m. to 9:00 p.m. at the Kirkwood Vinton Center, 111 West Third Street, Vinton, Iowa. **To register for this class contact Kirkwood at 319/472-2318.** Maximum enrollment for this class is 25.

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## Bringing Nature Back

Are your children suffering from a "disconnect from nature"? This disconnect could contribute to some of the problems we are seeing in our population today. Let's discover simple and interesting ways to incorporate nature into our everyday daycare environment that will have positive effects on the children... and you!!

Jacque Montoya has presented many trainings through Child Care Resource and Referral and ISU Extension. Jacque has seven years of childcare experience.

**Meets CDA Competency:** Advancing children's physical and intellectual development.

This session will take place on Wednesday, June 5, 2013 from 7:00 p.m. to 9:00 p.m. at the Iowa State Extension Office, 203 W. High Street #1, Toledo, 641/484-2703.

**To register for this class contact Kirkwood at 319/472-2318.**

Maximum enrollment for this class is 25.

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